



Kids

CENTER

FOR PEDIATRIC THERAPIES

ANNUAL REPORT

2018-2019

**42** therapists on staff  
**800+** weekly appointments  
**23,345** hours of specialized therapy

**Kids Center for Pediatric Therapies**

*noun* | Kids Cen-ter | \ 'kids 'sen-tər \

**the most comprehensive therapy for children with developmental delays and disabilities**

# Finances

For Fiscal Year 2019, 7/1/2018–6/30/2019

## Revenue

**48.6%** Program service fees

Grants	29.6%
Investment income	10.1%
Individuals and business	3.5%
Events	8.3%

## Expenses

**80.8%** Program services

Administration	12.5%
Marketing and Development	6.7%

# Demographics

Clients ages 0 to 5

**41%**

Clients ages 6 to 17

**54%**

Clients ages 18 to 21

**5%**



**61%**

Male clients



**39%**

Female clients

## Therapists on Staff

Physical	Occupational	Speech	Nutrition
11	16	14	1

# Our Mission

To help children with special needs live their best life by maximizing their abilities. We strive to constantly improve and innovate, providing the most appropriate and current therapeutic interventions regardless of a family's ability to afford the full cost of care.

# Our Services



Specialized pediatric physical, occupational, and speech therapies in two child-friendly outpatient centers



Orthopedic and Spasticity Clinics offer a multidisciplinary setting for coordination of care



Feeding Clinic addresses feeding difficulties—like dependence on a feeding tube—in the context of other therapeutic interventions



Extended programs provide creative, innovative camps outside of traditional therapy models

# Physical Therapy (PT)

physical

adjective | phys-i-cal | \ 'fi-zi-kəl \  
concerned with the body and its needs

367

children receiving PT services

6,567

hours of therapy delivered in 2018-2019

## Running Club



Running Club has officially completed its second successful year! The club met weekly for eight weeks and those enrolled were between the ages of 8 - 21 years old. The Purple Stride Run took place on Saturday, Aug 3rd at Iroquois Park. Seven Running Club kids successfully completed the 5K. A special thank you to Pacers and Racers for being our Club sponsor.

## Kosair Charities



Not only is Kosair Charities one of our biggest financial supporters, but they are also a proponent of our Executive staff. In August 2019, Kosair and Spalding University revealed their Leadership Development Institute created to train nonprofit leaders in Louisville that support children and families. This will provide an even further reach into the local community to spread the mission of Kids Center far and wide.

## Metro United Way

As one of our major supporters, Metro United Way continues to find ways to give back. Thank you, for continuing to choose Kids Center year after year.



For this year's MUW Day of Action, we were fortunate to have a group of volunteers from Equian Insurance Group. The volunteers chose Kids Center's garden as their preferred service project.

# Occupational Therapy (OT)

**occupation**

*noun* | oc·cu·pa·tion | \ ,ä-kyə-'pā-shən \  
the principal business of one's life

**470**

children  
receiving OT  
services

**8328**

hours of  
therapy  
delivered in  
2018-2019

## Activities of Daily Living Suite



The Activities of Daily Living Suite allows children of all ages to participate and practice everyday challenges while gaining muscle strength and confidence. Brenden (pictured above) has found a new passion for cooking and has begun trying new foods during his sessions with Jayme Crone, Occupational Therapist.

## Noah B.



Noah B., age 3, is in full puppy play mode. Janette Wolak, Occupational Therapist is having him practice crawling and laying on his stomach like certified therapy dog, Benny. This helps Noah build postural strength so he can maintain an upright posture, making it easier for him to explore his world.

## Talent Show 2020

The "Take a Leap" Talent Show will be on Saturday, February 29, 2020. It is with hope that kids in all disciplines will participate!



**"It's a way we motivate kids to work on skills they may need, and allows for a sense of pride for their work." - Jayme Crone, Occupational Therapist.**

# Speech-Language Therapy

## language

*noun* | lan-guage | \ 'laŋ-gwij , -wij \  
a systematic means of communicating ideas or feelings

**502**

children receiving speech therapy

**8450**

hours of therapy delivered in 2018-2019

**N.B.**



Throughout his time at Kids Center, N.B., has made enormous strides in language and speech since he began therapy with Sandy Burnette, Speech-Language Pathologist three years ago. He is planning to attend not one, but two proms this year and eventually will go on to the college of his choice.

**Wesley W.**



10-year-old, Wesley receives speech-language therapy on a weekly basis. He is currently working on slowing his speech rate and combining speech sounds into intelligible verbiage. His humor and imagination makes for amazing pretend play; which he excels in.

**Maya and Mary Elder, SLP**

Maya is a speech-language therapy client who has made exceptional gains in expressing herself. Her goals address how to start, keep and end conversations and how to organize her thoughts to tell stories and plan activities of her choosing.



**"Maya is a talented artist who loves dancing, music and holidays. It is an honor to be her therapist."**  
- Mary, SLP

# Nutrition

## nutrition

*noun* | nu·tri·tion | \ n(y)oo'triSH(ə)n \  
nourishment or energy that is obtained from food consumed or the process of consuming the proper amount of nourishment and energy.

**129**

children  
receiving  
nutrition  
guidance

**Timmy**



Timmy's journey began at Kids Center with low endurance and impulsive behavior. It is only through occupational therapy sessions that he has gained interest in biking. Also, with the help of Traci McAdams, Nutritionist, Timmy's gastrostomy tube feedings give him strength ride all over the center.

**362**

hours of therapy  
delivered in  
2018-2019

**G.L.**



3-year-old, G.L., has been working on a daily necessity skill: chewing. Recently in therapy, he chewed one whole blueberry without trying to swallow immediately or refuse it. He also ate three whole pieces of cereal with appropriate chewing and no gagging without waiting for it to melt in his mouth. Way to go, little guy!

I.T., age 5, was in-taking only thickened liquids for a six month period. He had a recent swallow study and was cleared for thin liquids again - meaning milk, tea, fruits, and above all - ice cream.

**Jennifer Gonzalez,  
MS, CCC-SLP**



**"When he gets weak his swallow gets weak, but he's worked really hard to regain that strength" stated his therapist, Jennifer Gonzalez, MS, CCC-SLP.**

# Clinics and Extended Programs

## clinic

*noun* | clin·ic | \ 'kli-nik \  
a group meeting devoted to the analysis and solution of concrete problems or to the acquiring of specific skills or knowledge

### Clients participating



Orthopedic Clinic

**158**



Spasticity Clinic

**52**



Feeding Clinic

**36**



Extended programs

**65**



Social Skills Group

**20**



Dr. Laura Jacks, Orthopedic Surgeon, is a long-standing friend of Kids Center and a champion to the children and families we serve. Her specialty in neuromotor disorders, much like Cerebral Palsy, along with her passion for helping children, make her an incredible resource to many of our families. Her contribution to our mission is invaluable. She was recently named a Top Doc for Orthopedic Surgery, voted by her peers of the Greater Louisville Medical Society.



Social Skills Group is proven to be an incredible addition to the core therapies that are provided at Kids Center. Social Skills Group helps develop communication skills and allow attendees to build confidence within themselves and their sociability with friends. Social skills are an essential life skill, and perhaps one of the biggest predictors of future success in life.



The Spasticity Clinic provides an inter-disciplinary management team for our children suffering from stiffness or tightness of the muscles. Our team includes a neurologist, an orthopedist, and a physical medicine/rehab physician. This clinic saves time through the collaboration of physicians and allows for a detailed care plan for each child.

## Social Skills Group

There are 4 levels of Social Skills Group: Beginner 1 & 2, Intermediate, and Independent. These groups provide care for children ages 4-14.



"Our groups provide a safe, small group space for children to learn and explore socially so that they can take their skills out to their home, school, and the community." - Amy Duthie, Occupational Therapist.

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